

training course

YOUTH 4SUSTAIN

Location: Sofia, Bulgaria

Date: 15 - 19 April 2024

Youth 4Sustain

YOUTH 4SUSTAIN training course

If you received this info pack that means you are one of the people who will participate in the **Youth 4Sustain Training course**!

The project aimed at youth workers who wish to raise skills on sustainable practices within the three dimensions of sustainability - economic, environmental and social. We strive to engage youth workers in critical debates to empower them to become leaders of sustainable development. By the end of the programme, participants will have developed a stronger awareness of SDGs and the European Youth Goals.

The following pages contain important information about the project and the hosting organisation. Please read them carefully!

ΦΠΚΟ FECE

Youth 4Sustain

Funded by the European Union

About Us

Foundation for Entrepreneurship, Culture and Education is a youth and cultural NGO, founded in 2014,based in Sofia, Bulgaria.

Mission

To promote, assist and support the development of culture, education, innovation and the entrepreneurial qualities of young people and people with fewer opportunities. The organisation promotes freedom of cultural expression, encourages and organises creative initiatives in different fields of art, culture, media and education in an independent and creative nature.

Vision

To empower different communities and target audiences through arts, culture and education. FECE provides support for the organisation and implementation of cultural events, seminars, research activities and conferences.

TC
YOUTH
4SUSTAIN

Specific objectives

- ✓ To get a better understanding of the importance of developing sustainable practices in economical, environmental and social terms
- ✓ To engage and empower young people and youth workers to be active and responsible citizens.
- ✓ To raise skills and competencies to actively contribute to the achievement of the sustainable development goals (SDGs)
- ✓ To get acquainted with the EU Youth Strategy (2019-2027) and UN 17 SDGs
- ✓ To raise critical and green skills to contribute to the sustainable development of societies across Europe

Date:
15 - 19 April, 2024

The 17 Sustainable Development Goals



Sofia, Bulgaria

Date:
15 - 19 April, 2024

Arrival

15th April , 2024

Programme

16th - 18th April , 2024



Departure

19th April, 2024

YOUTH 4SUSTAIN

TRAINING COURSE IN SOFIA, BULGARIA

Accommodation and meals

The TC Youth 4Sustain will take place in Hotel Kibella, Sofia, Bulgaria. The hotel is located close to downtown and the airport. All double rooms are air-conditioned and offer a private bathroom.

FECE undertakes accommodation and meal expenses. This includes breakfast, lunch and dinner, as well as coffee breaks. The participants will receive a questionnaire about their nutritional needs.

Location: Hotel "Kibella"



Training Activities

The training activities will take place at the FECE office, which is located close to Eagles Bridge (Orlov most). The office can be reached from the hotel in 10 minutes by bus (№ 280, 213, 304, 204, 604, 76, 184, 84).

FECE office location: 1B Tsar Ivan Asen II Str.



Practicalities

Arrival in Sofia

Bus 84 runs every 30-40 minutes and connects both Terminal 1 and 2 with the centre of Sofia. The bus goes directly to Hotel Pliska station, which is 3 min from Hotel "Kibella".

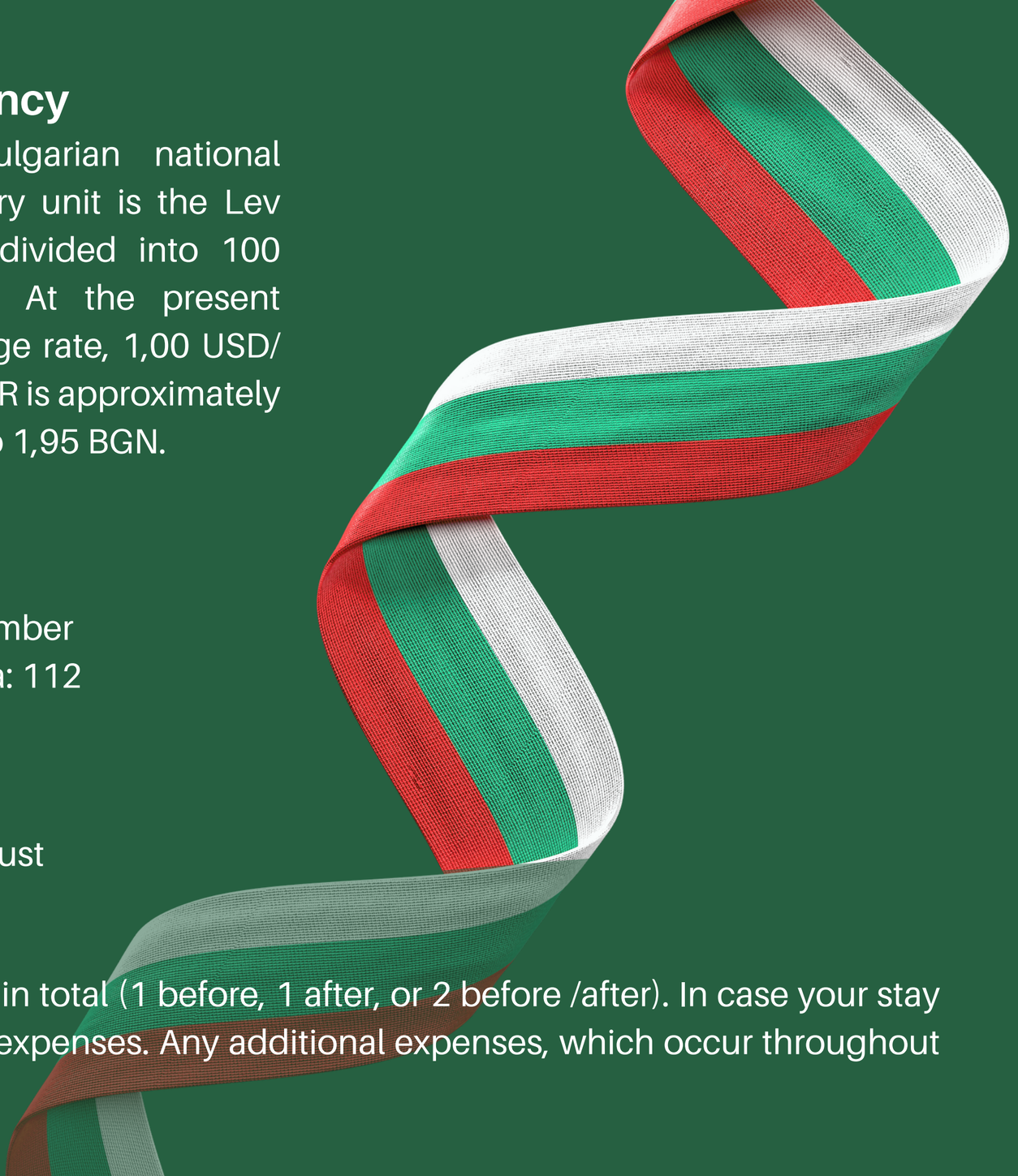
If you arrive at Terminal 2 you can also take the metro to Orlov most station and from there take a bus for one stop to Hotel Pliska.

The public transport ticket cost 1,60 BGN (0,82 EUR).

Currency

The Bulgarian national monetary unit is the Lev (BGN), divided into 100 stotinki. At the present exchange rate, 1,00 USD/ 1,00 EUR is approximately equal to 1,95 BGN.

SOS number
Bulgaria: 112



Important Note: ALL participants in the training course must travel from their home country to Bulgaria.

It is possible to extend your stay for a maximum of 2 days in total (1 before, 1 after, or 2 before /after). In case your stay exceeds the 2-day limit, we cannot reimburse your travel expenses. Any additional expenses, which occur throughout these “extra- days”, have to be covered by yourself.

European Health Insurance Card

If you do not possess the card, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. You can get it free and it is valid in every EU country for 1 year. Alternatively, any other insurance is welcome (organisers are not covering insurance costs).

Insurance

Personal and medical insurance are responsibility of the individual participant. We will not be responsible for any loss of luggage, currency or personal effects, or any medical costs. We recommend participants to have the European Health Card.

List of partner organisations:

MultiKulti, Romania
Connect, Slovenia
World of Change, North Macedonia

The organisers with the support of Erasmus+ Programme will cover unit costs of your travel expenses according to the budget for each country (per person) as follows:

Romania: 180 EUR
Slovenia: 275 EUR
North Macedonia: 180 EUR

Reimbursement

We will accept costs only for the travel documents you send to us (tickets, boarding passes (both directions) receipts for fuel and bus tickets). Travel costs from home to the venue of the project and return. To receive the reimbursement for transportation, **please keep ALL** original invoices, tickets, boarding passes or any other transport document. The money will be given at the end of the project via bank transfer, upon completion of the EU Survey.

Youth 4Sustain

Just bring your enthusiasm and live the event in its proper and cheerful mood! We encourage participants to be an active part of this project, embracing responsibility and enjoy the cultural side of this experience!

If you have any other questions, please feel free to contact us:

E-mail: foundation.ece.youth@gmail.com
Web: https://foundationece.eu/
FB: @foundationece

Funded by the European Union

ФПКО FECE