SustainAble in ACTION

Date: 13- 17 May, 2024

Location: Sofia, Bulgaria

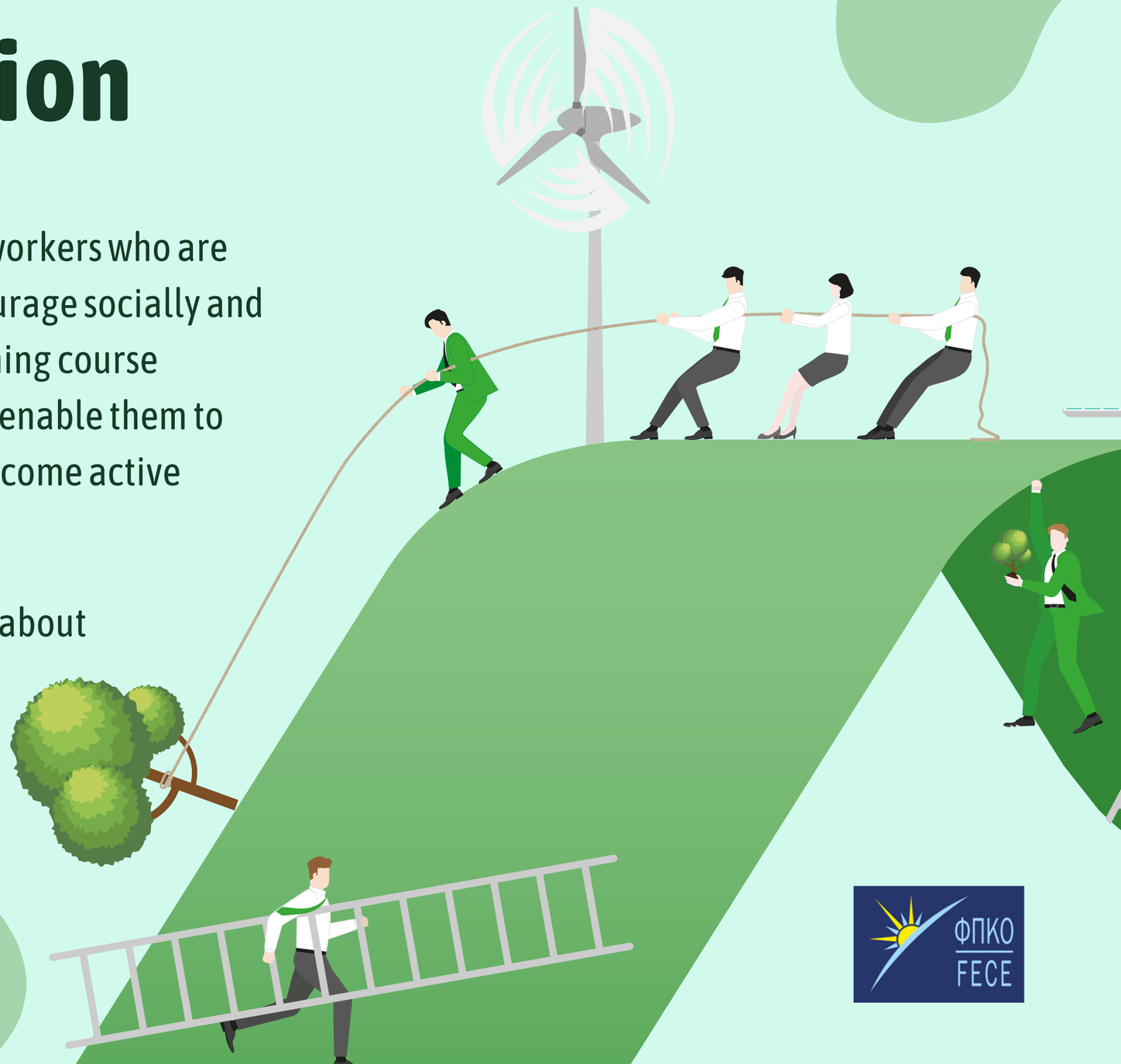
SustainAble in Action



SustainAble in Action

The project SustainAble in Action is aimed at youth workers who are interested in implementing NFIL methods that encourage socially and ecologically responsible behaviour. During the training course participants will gain knowledge and skills that will enable them to make a positive impact on their communities and become active members of their societies.

The following pages contain **important information** about the project and the hosting organisation.
Please read them carefully!



Funded by the European Union

ΦΠΚΟ FECE

Foundation for Entrepreneurship, Culture and Education

FECE is a youth and cultural NGO, founded in 2014, based in Sofia, Bulgaria.

Our mission is to promote, assist and support the development of culture, education, innovation and the entrepreneurial qualities of young people and people with fewer opportunities. The organisation promotes freedom of cultural expression, encourages and organises creative initiatives in different fields of art, culture, media and education in an independent and creative nature.

Our vision is to empower different communities and target audiences through arts, culture and education. FECE provides support for the organisation and implementation of cultural events, seminars, research activities and conferences.

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ФПКО
FECE



SustainAble in Action

Remember, we can

REDUCE by using things wisely,

REUSE by giving things second lives, and

RECYCLE by turning old stuff into new stuff.

Specific objectives

- To get a better understanding of the importance of developing sustainable practices in environmental and social terms.
- To engage and empower youth workers to be active and responsible citizens.
- To raise skills and competencies to actively contribute to the achievement of the EU Youth Strategy (2019-2027) connected to sustainability.
- To raise critical and green skills to contribute to the sustainable development of societies across Europe.



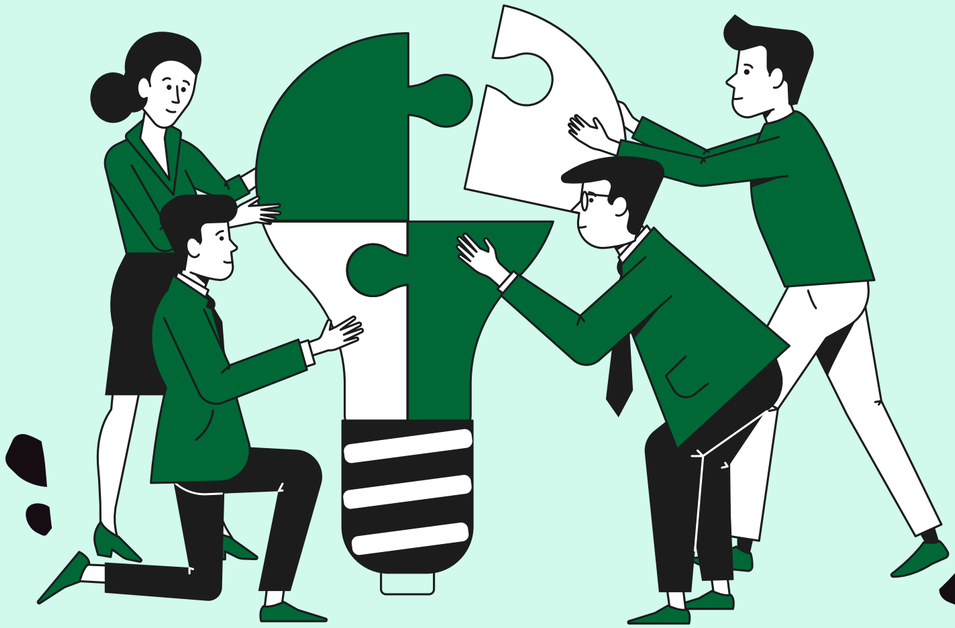
SustainAble in Action

Programme

14-16 May, 2024

Arrival

13 May, 2024



Departure

17 May, 2024

The whole programme will be available soon.



Accommodation and meals

The TC SustainAble in Action will take place in Hotel Kibella, Sofia, Bulgaria. The hotel is located close to downtown and the airport. All double rooms are air-conditioned and offer a private bathroom.

FECE undertakes accommodation and meal expenses. This includes breakfast, lunch and dinner, as well as coffee breaks. The participants will receive a questionnaire about their nutritional needs.

Location: Hotel "Kibella"

Training Activities

The training activities will take place at the FECE office, which is located close to Eagles Bridge (Orlov most). The office can be reached from the hotel in 10 minutes by bus (№ 280, 213, 304, 204, 604, 76, 184, 84). **FECE office location: 1B Tsar Ivan Asen II Str.**

WELCOME

Arrival in Sofia

Bus 84 runs every 30-40 minutes and connects both Terminal 1 and 2 with the centre of Sofia. The bus goes directly to Hotel Pliska station, which is 3 min from Hotel "Kibella".
If you arrive at Terminal 2 you can also take the metro to Orlov most station and from there take a bus for one stop to Hotel Pliska.
The public transport ticket cost 1,60 BGN (0,82 EUR).

Important Note: ALL participants in the training course must travel from their home country to Bulgaria.

Currency

The Bulgarian national monetary unit is the Lev (BGN), divided into 100 stotinki. At the present exchange rate, 1,00 USD/ 1,00 EUR is approximately equal to 1,95 BGN.

SOS number
Bulgaria: 112

It is possible to extend your stay for a maximum of 2 days in total (1 before, 1 after, or 2 before /after). In case your stay exceeds the 2-day limit, we cannot reimburse your travel expenses. Any additional expenses, which occur throughout these “extra- days”, have to be covered by yourself.

European Health Insurance Card

If you do not possess the card, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. You can get it free and it is valid in every EU country for 1 year. Alternatively, any other insurance is welcome (organisers are not covering insurance costs).

Insurance

Personal and medical insurance are responsibility of the individual participant. We will not be responsible for any loss of luggage, currency or personal effects, or any medical costs. We recommend participants to have the European Health Card.

List of partner organisations

MultiKulti (RO)
People in Focus (AL)
Tavo Europa (LT)

The organisers with the support of Erasmus+ Programme will cover unit costs of your travel expenses according to the budget for each country (per person) as follows:

Romania: 180 EUR
Albania: 180 EUR
Lithuania: 275 EUR

Reimbursement

We will accept costs only for the travel documents you send to us (tickets, boarding passes (both directions) receipts for fuel and bus tickets). Travel costs from home to the venue of the project and return. To receive the reimbursement for transportation, **please keep ALL** original invoices, tickets, boarding passes or any other transport document. The money will be given at the end of the project via bank transfer, upon completion of the EU Survey.

SustainAble in Action

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Bring your enthusiasm and live the event in its proper and cheerful mood! We encourage participants to be an active part of this project, embracing responsibility and enjoy the cultural side of this experience!

If you have any other questions, please feel free to contact us:

E-mail: foundation.ece.youth@gmail.com
Web: https://foundationece.eu/
FB: @foundationece

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