YE OUR VALUES, OUR EUROPE

List of partner countries: Bulgaria, Czech Republic, Greece,Hungary, Poland and Romania



Dates:
16.09. – 23.09.2022
Place:
Varna, Bulgaria

Co-funded by the Erasmus+ Programme of the European Union

If you received this info pack that means youare one of the young people who will participate in the youth mobility project *Our Values, Our Europe!*
The followingpages containimportant informationabout the project and the hosting organisation.
Please read them carefully

Hosting organisation: Foundation for Entrepreneurship, Culture and Education
Venue: Hotel Detelina, Varna, Bulgaria
YE dates: 16.09. – 23.09.2022
Participants: 32 young people from 6 European countries
Youth Exchange participant No: 4 participants (age: 18-30) + 1 group leader (no age limit)
Language: The project will be run in English.



СОФИЯ, БЪЛГАРИЯ
SOFIA, BULGARIA
foundation.ece@gmail.com

ABOUT US

Foundation for Entrepreneurship, Culture and Education is a non-profit and non-governmental organisation, based in Sofia, Bulgaria.
Our mission is to promote, assist and support the development of culture, education, innovation and the entrepreneurial qualities of young people and people with fewer opportunities. The organisation promotes freedom of cultural expression, encourages and organises creative initiatives in different fields of art, culture, media and education in an independent and creative nature.



Our vision is to empower different communities and target audiences through arts, culture and education. FECE pro vides support for the organisation and implementation of cultural events, seminars, research activities and confer ences.

About the YE Our Values, Our Europe

Our Values, Our Europewill empower young people to become active citizens and through their activities to foster integration and promote the European way of life. The project will encourage young people and citizens to get an insight on the fundamental EU values such as: dignity, equality, democracy, solidarity, rule of law and general human rights. Each day of the youth exchange will be based on a deeper understanding and comprehension of these values and how they form the European way of life.

Through non-formal education, young people from six European countries will develop valuable skills, such as soft and leadership skills, the ability to understand concrete and abstract concepts such as dignity, solidarity, equality and democracy, analytical and problem-solving skills, such as critical thinking and understand what is important in their lives so that they can bring a positive change to themselves and their communities.

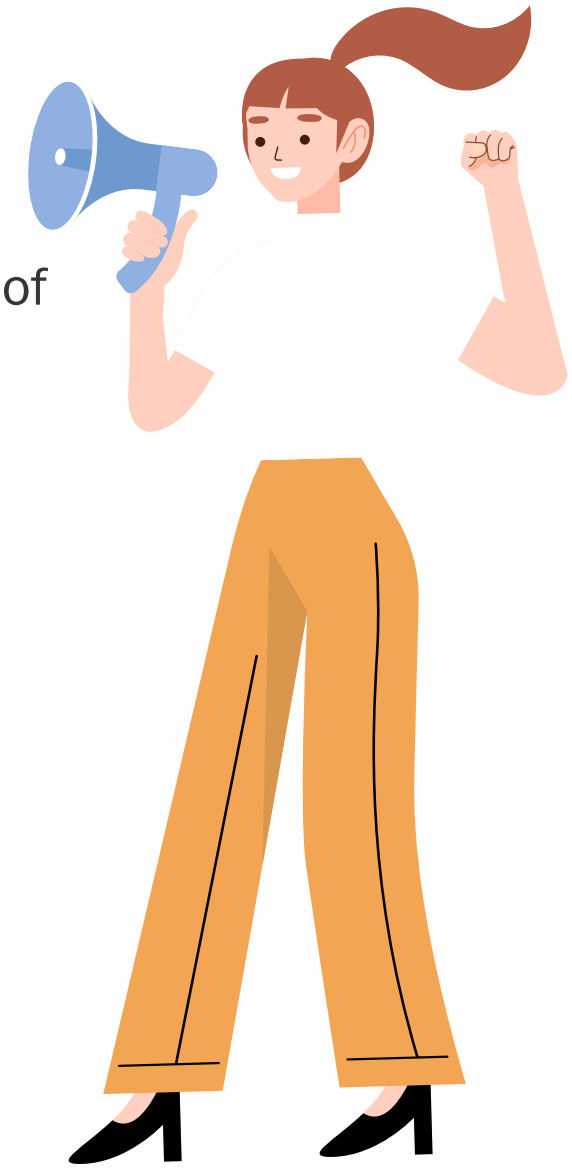
In this way, the youth exchange aims to promote European citizenship and engaging in the social and democratic life. This will raise young people's awareness of democracy, human rights and increase their understanding of the core European values. The project will contribute to the improvement of the work of youth organisations in promoting democratic values and building competencies in young people for the active contribution to society.

The methodology includes elements of civic education and non-formal educational methods, including presentations, discussions, sharing of experiences, role-playing and group work, creative activities and simulations, sharing of good practices and development of future projects under the Erasmus+ Programme, innovative ideas for civil campaigns and initiatives to disseminate and promote project results.



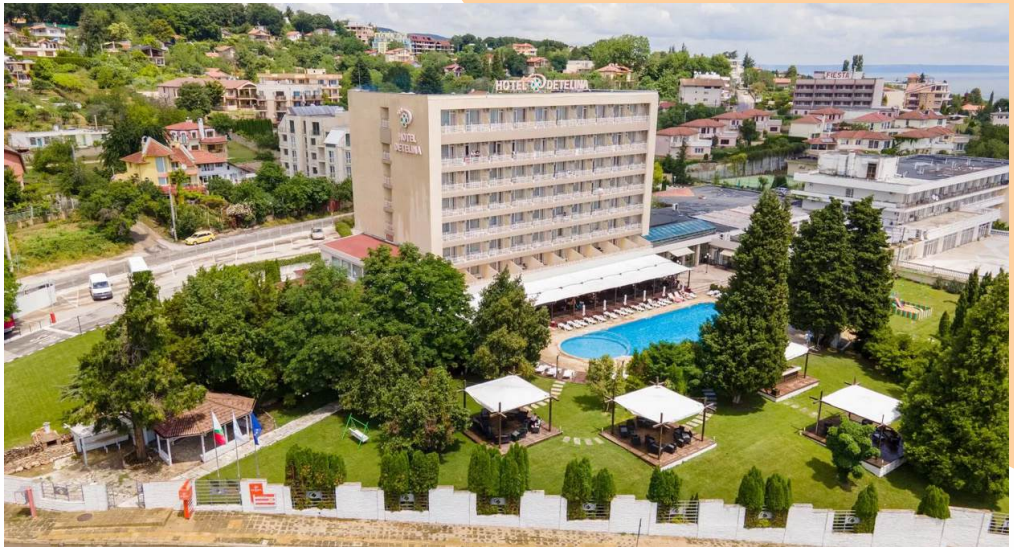
Objectives of Our Values, Our Europe

- To bring an understanding and new knowledge to participants of the history and diversity of the European Union
- To foster European citizenship and the participation of young people in the democratic life of Europe
- To develop key skills of young people such as civic awareness, critical thinking, integrated problem solving, as well as skills for argumentation and constructive participation in community activities
- To create civic space where young people can have their voices heard
- To improve the work of youth organisations in promoting democratic values and building competencies in young people for active contribution to society



Accommodation and meals

The YE Our Values, Our Europe will take place in Detelina*** Hotel located at Golden Sands, a major seaside resort town on the Northern Bulgarian Black Sea coast. All rooms (double and triple) are air-conditioned and offer a private bathroom. FECE undertakes accommodation and meal expenses. This includes breakfast, lunch and dinner, as well as coffee breaks. The participants will receive a questionnaire for the indication of their nutritional needs.



Hotel Detelina, 9006, Chaika resort, Golden Sands, Varna

Arrival and departure

Arrival day: 16.09.2022
Start of the program: 17.09.2022
End of the program: 22.09.2022

Departure day: 23.09.2022

Once you arrive in Varna:

From Varna Airport

Take bus number 409 from the bus stop at the airport.
Take off the bus at bus stop VSU.

From Varna Bus station

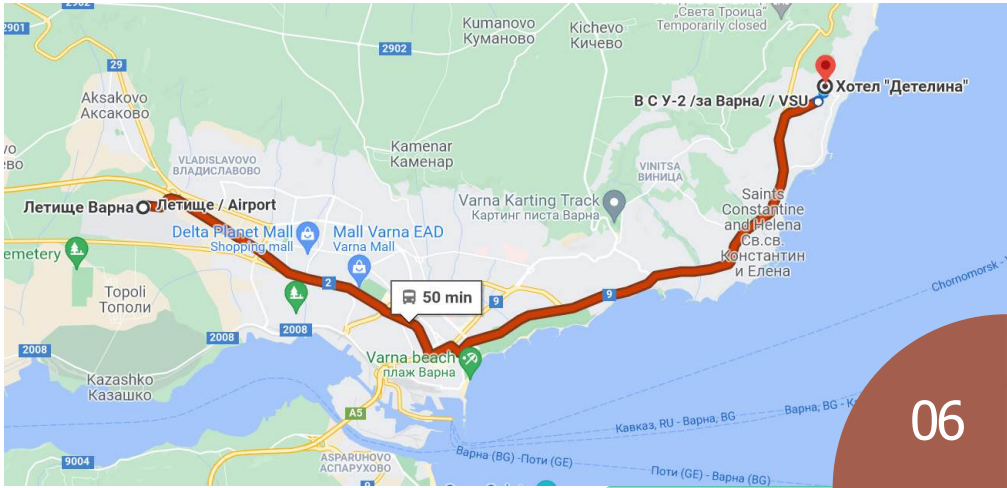
Take bus number 409 and take off at bus stop VSU.

From Varna Train station

Call us and we will pick you up by car

It is possible to extend your stay for a maximum of 2 days in total (1 before, 1 after, or 2 before /after). In case your stay exceeds the 2-day limit, we cannot reimburse your travel expenses. Any additional expenses, which occur throughout these “extra-days”, have to be covered by yourself.

Important Note: ALL participants of youth exchange must travel from their home country to Bulgaria. This is the new rule we have from the National Agency and the Erasmus+ Programme. We cannot host people who come from a different country. Of course, your flight can include stays in other countries, but your trip must start from and end at your home country.



Reimbursement

The organisers with the support of Erasmus+ Programme will cover unit costs of your travel expenses.
Below is a list with the budget including travel costs (per person) for each country:

Romania: 180/275 EUR
Greece: 180/275 EUR
Hungary: 275 EUR
Czech Republic: 275 EUR
Poland: 275 EUR
Bulgaria: 180 EUR

***Travel costs from home to the venue of the project and return.

To receive thereimbursement for transportation, please keep ALL original invoices, tickets, boarding passes or any other transport document. The money will be given at the end of the project via bank transfer, upon completion of the Mobility Tool+ (considered mandatory under the Erasmus+ Programme).

NOTE: YOU MUST KEEP ALL YOUR TRAVEL TICKETS AND BOARDING PASSES

Please! If you lose your tickets or boarding passes, we will not be able to recognise the costs incurred. We will accept costs only for the travel documents you send to us (tickets, boarding passes (both directions) receipts for fuel and bus tickets).

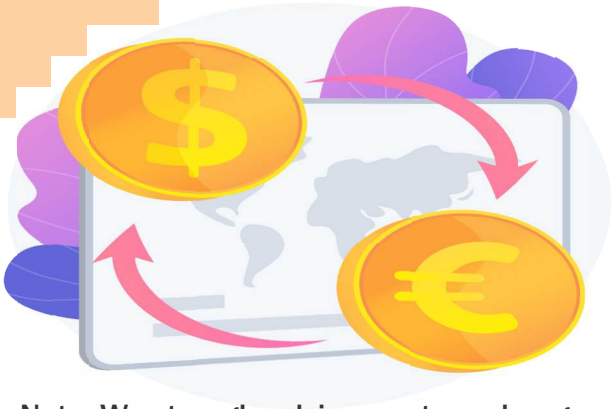


Practicalities

European Health Insurance Card: The card is accepted in every country of the European Union. If you do not possess the card, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. It is a little blue plastic card, and you can get it free. It is valid in every EU country for 1 year. Alternatively, any other insurance is welcome (organisers are not covering insurance costs).
Insurance: Personal and medical insurance are the responsibility of the individual participant. We will not be responsible for any loss of luggage, currency or personal effects, or any medical costs. We recommend participants to have the European Health Card.

COVID-19: We will update you regularly on the current COVID-19 situation in Bulgaria. Details on travelling will be sent to all participants one week before the start of the exchange.

Note: We strongly advise you to exchange currency ONLY IN BANKS; - Upon your arrival, you will have the opportunity to visit in an organised manner Bulgarian Bank and to exchange your currency. - The work hours of any bank in Bulgaria are every weekday from 8:00 to 17:00.



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Currency: Bulgaria is still largely a cash economy. Visitors should exchange cash at banks or Change Bureaus. Some Change Bureaus charge commissions on both cash and travellers' check transactions that are not clearly posted. Old, dirty or very worn denomination banknotes are often not accepted at banks or Change Bureaus. The Bulgarian national monetary unit is the Lev (BGN), divided into 100 stotinki. At the present rate of exchange 1 USD is approximately equal to 1,81 BGN, and 1,00 EUR is approximately equal to 1,95 BGN.



Intercultural nights: Please be prepared to present your own country and culture in the most creative and interactive way. You can make PowerPoint presentations, show videos and use multimedia. Please bring with you traditional clothes, food and drinks, there will be a chance to share it all together.

The program for the YE Our Values, Our Europe Europe will be shared with all participants a few weeks before the starting of the exchange.

Please make sure to inform us about any special needs you have such as: food allergies/intolerances, vegetarian/vegan food, health problems, special diet. A questionnaire will be sent to all participants.

Contacts:
Maria Rachinska (coordinator) + 359886417564
Nevena Dobreva (manager) + 359897966341

Emergency numbers:
SOS number Bulgaria: 112

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No certification or special skills are required, just bring your enthusiasm and live the event in its proper and cheerful mood! We encourage participants to be an active part of this project, embracing responsibility and enjoy the cultural side of this experience!

If you have any other questions, please feel free to contact us:
E-mail: foundation.ece@gmail.com
Web: https://foundationece.eu/
FB: @foundationece

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