YOUTH WORK 4 YOUTH ACTIVE CITIZENS

TRAINING COURSE FOR YOUTH WORKERS

26 APRIL – 03 MAY 2022,
KRUSHEVO, NORTH MACEDONIA

Youth civic engagement and the role of education in developing active citizenship have become increasingly urgent topics of debate throughout the European Union. The growth of nationalist, radical and populist discourses and politics have revealed the need for a better understanding of what factors may encourage young people's social participation and civic engagement. Democracies need active, informed and responsible young citizens who are willing and able to take responsibility for themselves and their communities and contribute to the political process. Education about active citizenship can help young people to develop self-confidence and a sense of agency, it gives them a voice: in the life of their schools, their communities and society at large and it enables them to make a positive contribution by developing the knowledge and experience needed to claim their rights and understand their responsibilities. It prepares them for the challenges and opportunities of adult and working life. NGOs can help encourage young people in their communities to become active citizenship through education and engagement. We have created this project to increase the capacities of NGOs to educate and empower young people in their communities to become active members of society and strive to make their community a better place.

THE MAIN AIM of our project is to increase skills knowledge and understanding of youth workers about active citizenship and provide tools to empower youth in their local communities to become active citizens and to promote active participation of youth in the decision-making process at a local level.

OBJECTIVES

- To develop competencies (knowledge, practical skills, and attitudes) of 20 young people coming from the partner countries about active citizenship, advocacy and the decision making processes on a local level;
- Learn new tools on how to engage and empower young people to become active citizens, and contribute to the development of their community;
- Gain skills on how to organize local activities and engaging youth to be active;
- Share good practices from the partner organizations;
- Promote youth work and youth organizations and the volunteering opportunities they are offering to young people for self-development;
- Promote young people's active citizenship and social responsibility in their local communities;
- Promote the overall personal development of young people as active citizens in diverse and democratic societies;
- Empower and encourage youth to participate actively in shaping society – and especially a more integrated Europe;
- Make participants become more engaged in the youth rights debate
- Debate the importance to have a voice in Europe, where young people are equal citizens and are encouraged and supported to achieve their fullest potential as global citizens

– To gain new tools on how to encourage and equip young people with the necessary resources to become active citizens, agents of solidarity and positive change inspired by EU values and a European identity

During the training course, the participants will enhance several 21st-century skills, especially communication, leadership, social skills, and critical thinking, the ability to research information, the ability to stand up and challenge decisions. They will gain new knowledge about advocacy the decision-making processes on a local level. Finally, they will gain new skills and attitudes about presenting and organizing workshops for other young people.

YOUTH WORK 4 YOUTH ACTIVE CITIZENS

DATES:

26 APRIL – 03 MAY 2022

VENUE:

KRUSHEVO, NORTH MACEDONIA

PROFILE OF PARTICIPANTS

All participants should:

- Demonstrate interest in the topic of the training course
- Be highly motivated to participate and contribute to the training course as well as the implementation of follow-up activities
- Be ready and able to work as multipliers and share the outcomes of the training with their organisations and/or communities
- Be adults (age: above 18 years old)
- Be able to attend the programme in full
- Be able to work in English

All participants are expected to fill out the application form by 01 April 2022
Link: **https://forms.gle/4jGesNM5R5dFUqq77**

ACCOMMODATION

We will be staying at "Villa Gora" in Krushevo - you can see the accommodation on the following link: https://www.vilagora.com/. The participants will be accommodated in shared rooms with participants from other countries (same gender) maximum 3 per room. Each room has a private bathroom. Towels and linen are provided however you need to bring your own toiletries.



The villa is located just 100 meters from the city center where the bars, restaurant and shops are located, and there is a nice forest nearby for those who like enjoying nature.
Accommodation is 100% covered by the Erasmus+ Programme.

These expenses will be covered only from the day of your arrival (26.04.2022) till the departure date (03.05.2022). In case of a longer stay or indirect travelling (holiday travel etc.), there is no chance of reimbursement of extra stay days or longer travel costs. According to the Erasmus rule, you can come or depart 2 days in advance or after, and in this case the ticket will be covered by the organizer.

The participants will be accommodated with a participant from other countries from the same gender, so everyone will have a roommate from another country, in order to strengthen the intercultural dimension of the project, and good team spirit.

P.S. There is an open swimming pool in the villa so if you are brave enough bring a swimming suit.

Food

During the activity the participants will be provided with three meals per day. Please inform us in the application form about your food habits and needs (fast, vegetarian, vegan, food allergies)! Vegetarian / vegan diet, allergies, lactose intolerance, etc. are taken into account by us. Alcohol is not wanted in the place during working! Drugs and other substances are strictly forbidden.

About Kruševo

Situated at an altitude of 1,350 metres (4,430 ft), Kruševo is the highest town in Macedonia. Kruševo is known for its 19th-century domestic architecture. The town has old and more recent houses built in the style of old Macedonian architecture. It is home to Mečkin Kamen, a historical landmark which marks the spot of the uprising of 1903. Kruševo is also home to Makedonium monument, dedicated to the Ilinden Uprising and the Kruševo Republic and many museums of the Ilinden Uprising. The towns galleries include an exhibit of 19th century icons and a memorial to Macedonian painting Nikola Martinovski who was born in this town. Because of its elevation, Kruševo is one of Macedonia's winter sports destinations.





HOW TO GET THERE

Depending on which country you are coming from, there are different ways to reach Krushevo.

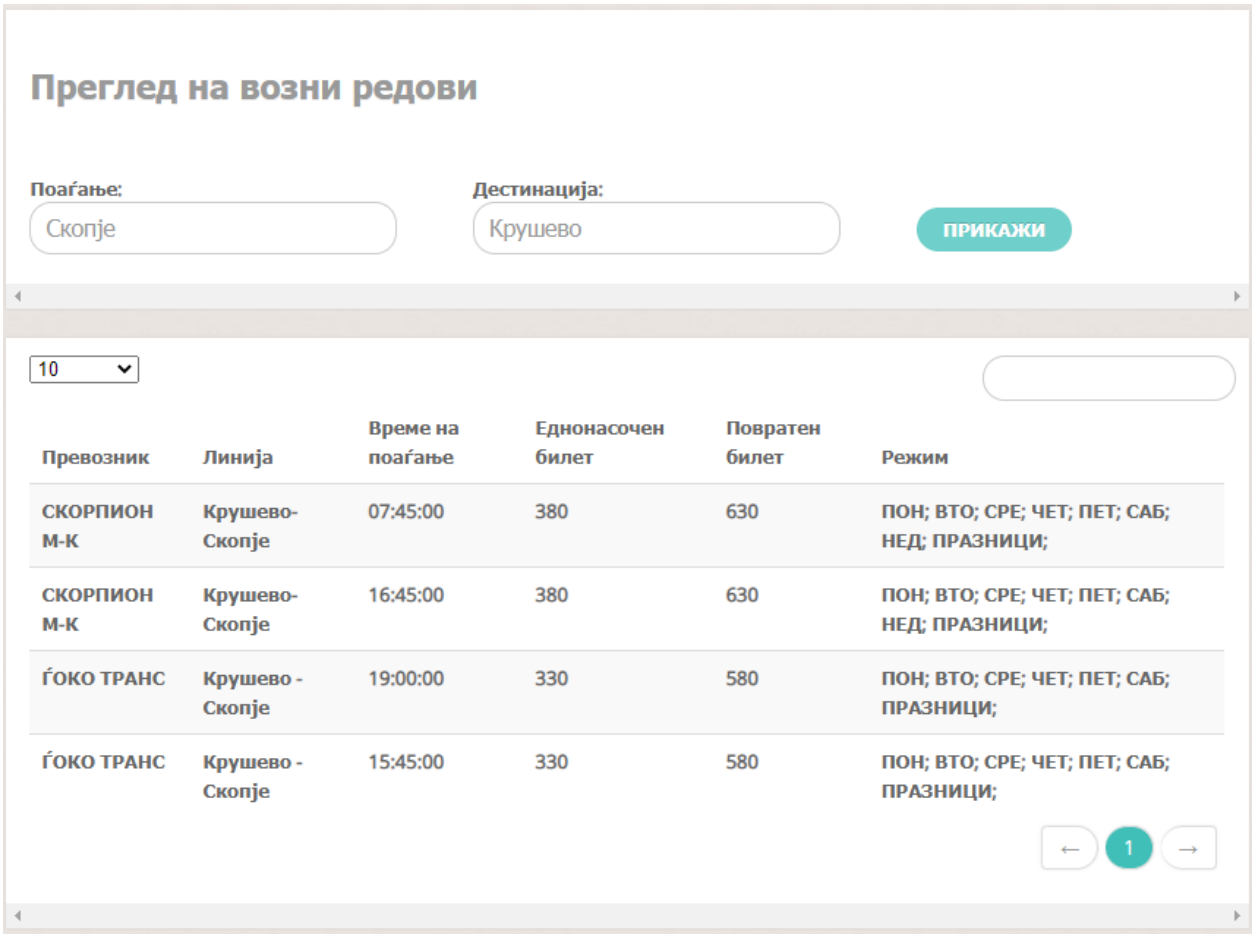
For those that will be coming to North Macedonia by plane, or another means of transport that brings you to Skopje first, we will arrange a transportation for everyone to reach Krushevo together. That means that you need to arrange to arrive at Skopje (bus station, or Skopje Airport) no later than 19:00 on the 26th of April.

Airports: We propose to fly to Skopje International Airport as main airport in North Macedonia (link to airport website http://skp.airports.com.mk/) Check out here bus from airport to the city Skopje: http://skp.airports.com.mk/en-EN/passenger-guide/to-from-the-airport/page/bus

Bus: There are frequent lines with connections to Skopje from most of the Capital cities on the Balkan Peninsula. Then from Skopje you can travel to Krushevo with very good connections via Bus.

Е-Автобуска (e-avtobuska.mk), or look at the schedule tables below. We can pick you up from the Bus/Train station/Airport:

We will manage to bring you from the bus station to our venue. Arriving with bus to Krushevo: There is a few bus connections from Skopje to Krushevo every day, Bus Schedule Skopje – Krushevo (prices are shown in MKD): The busses travel every day in the time written on the



Превозник	Линија	Време на поаѓање	Еднонасочен билет	Повратен билет	Режим
СКОРПИОН М-К	Крушево-Скопје	07:45:00	380	630	ПОН; ВТО; СРЕ; ЧЕТ; ПЕТ; САБ; НЕД; ПРАЗНИЦИ;
СКОРПИОН М-К	Крушево-Скопје	16:45:00	380	630	ПОН; ВТО; СРЕ; ЧЕТ; ПЕТ; САБ; НЕД; ПРАЗНИЦИ;
ЃОКО ТРАНС	Крушево - Скопје	19:00:00	330	580	ПОН; ВТО; СРЕ; ЧЕТ; ПЕТ; САБ; ПРАЗНИЦИ;
ЃОКО ТРАНС	Крушево - Скопје	15:45:00	330	580	ПОН; ВТО; СРЕ; ЧЕТ; ПЕТ; САБ; ПРАЗНИЦИ;

timetable

IMPORTANT: Travelling sometimes requires an additional day for catching a flight and staying for an additional night at the city airport. We are aware of such situations, but organisers can't cover this cost, it is participants' own cost too. For that reason, we recommend you to use hostels http://www.hostelworld.com/ or friends https://www.couchsurfing.org/

Will help you find the best travel option to North Macedonia as now with the pandemic a lot of connections are not working anymore.

Please note that only public transport is subject to reimbursement. If you travel by airplane only economy class, TAXI is not covered. Please consult us!
YOU ARE NOT ABLE TO LEAVE PROJECT ONE DAY EARLY TO CATCH YOUR FLIGHT OR BUS. PLEASE BUY YOUR TICKETS ACCORDING TO PROJECT'S DATE.
Once you are CHOSEN, we advise you to buy your tickets as soon as possible, so that it fits in our limited budget for 100% reimbursement.

We kindly ask you to save all documents (Original tickets, boarding passes, invoices or bills with the ticket price) which are related to your travel, since the documentation background is obligatory for reimbursement. We kindly please you to buy all the tickets for the travel for both directions – return tickets (plane tickets, train tickets, bus tickets and etc.), because we will be able to reimburse only REAL EXPENSES (made expenses).

IMPORTANT: We cannot refund any travel costs done by TAXI.

After sending tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project. These distances must be calculated using the distance calculator supported by the European Commission. We only send money even to the sender organization and sender organization or to one participant per country to minimize the transfer fees.

We are not able to reimburse missing tickets!!!

Please note if you buy your tickets in a currency other than EUROs, we will convert to EUROs according to the exchange rates from the official European Commission web-site:
http://ec.europa.eu/budget/graphs/inforeuro.html

Participants must travel from the country of the sending organization, and back. Following the guidelines of the Erasmus + programme the travel back must be realized by the participants on direct way within a maximum of 2 days.

Also according to the new rules of the Erasmus + programme including the Erasmus+ green travel please choose the most sustainable way of transport to & from your destination.

Health and travel insurance

Please, when coming to North Macedonia, make sure you have a valid travel insurance. Also it is important you notify us of any health risk or possibly necessary medicines, special food arrangements and allergies.
ONLY FULLY VACCINATED PARTICIPANTS ARE GOING TO BE ACCEPTED. IF THE COUNTRY REQUIRES BY THE TIME OF TRAVELLING, PCR TEST SHOULD BE DONE BY PARTICIPANTS AND THIS WILL NOT BE COVERED BY THE ORGANISERS

Preparations

- Intercultural evening – Participants are expected to create interesting, interactive and creative intercultural evening. The intercultural evening gives you a unique opportunity in a creative way to promote your country and culture. Show us what you eat, drink, what are your traditions, music, culture, stereotypes
- Find interesting videos / games / exercises / educational activities related with the topic.
- NGO Market - The project will include a session when you will have a possibility to present your organizations, share good practices as work on ideas for the future. Thus, we would like to ask you to prepare interactive presentation of your organization. Feel free to bring promotional materials of your organization, videos etc...
- Morning/Afternoon Energizers: We would be really happy if you prepare some energizers to increase the group energy
  Wherever possible, take your laptops, digital cameras, smartphones and tablets – we will be doing some multimedia work that requires mobile equipment!

CONTACT

http://sferainternational.org/
Contact email: info@sferainternational.org
Facebook page: https://www.facebook.com/SferaInternational
Instagram page: https://www.instagram.com/sferainternational

See you in KRUSHEVO!

This project has been co-founded by the European Commission through the Erasmus+ Action KA1 programme. This communication reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



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